

Basic Life Support

1 or 2 person?	Critical Skill	Yes	No
Either	Checks for response in patient (less than 10 seconds)?		
Either	Calls for help?		
Either	Checks for a pulse (less than 10 seconds)?		
Either	Moves to High Quality CPR after finding no pulse?		
Either	Is the placement of the hands/fingers correct for this age patient? <i>Adult: Palm in center of breastbone</i> <i>Infant: two fingers just below nipple line OR 2 thumb chest-wrapping technique</i>		
Either	Are there at least 30 chest compressions in 18 seconds?		
Either	Is the chest compression depth correct for this age patient? <i>Adult: 2 inches</i> <i>Infant: 1/3 AP diameter of chest (about 1.5 inches)</i>		
Either	Does the chest recoil completely with each compression?		
Either	Are breaths delivered adequately? (minimize CPR interruptions)		
Either	INTRODUCE AED AFTER 3 CYCLES		
2 person	Does CPR continue until the AED pads are in place?		
2 person	Is the patient clear for rhythm analysis?		
2 person	Did the rescuers switch positions during rhythm analysis?		
2 person	Is the patient clear for shock (if shockable rhythm)?		
2 person	Did CPR resume immediately after analysis/shock?		